

CHEMICAL PEELS

MELASMA & SKIN HEALTH TREATMENT

PRE TREATMENT STAGE

- Begin a recommended home care regimen before starting the peeling process. (see back)
- Treatment plan & goal setting with your provider.

TREATMENT STAGE

- Peels can be performed every four weeks.
- SPF and recommended home care routine is necessary to maintain results.
- Peel strength can be increased, if needed, at each follow up treatment.

MAINTENANCE STAGE

- Follow recommended skin care regimen at home to maintain results.
- bleaching & lightening regimen between and after treatment as instructed.

TARGETS

Melasma
Acne & Clogged Pores
Health & Prevention
Hyperpigmentation



PHONE
(509) 794-1434



LOCATION
1607 CREEKSIDE LOOP STE 140, YAKIMA,
WA 98902

CHEMICAL PEELS

MELASMA & SKIN HEALTH TREATMENT

ABOUT TREATMENT

Chemical peels are transformative treatments that utilize a precise blend of acids to gently exfoliate your skin's outer layers. By dissolving dead skin cells, they reveal a brighter, and more rejuvenated complexion.

BEFORE TREATMENT

- Bleaching/lightening cream: Many patients will be prescribed some form of a bleaching regimen leading up to their chemical peel treatments. These bleaching/lightening creams help prep the skin for best results and reduce the possibility of rebound pigmentation.
- Sun Avoidance: Use a daily sunscreen.
- Retinol Cream: These creams will help prep skin and ensure a better peel. Only use leading up to your treatment if directed by your provider.

AFTER TREATMENT

- Procedure: Face will be prepped and stripped of all oils and impurities prior to treatment using acetone or facial cleanser. You will experience a faint burning sensation as the peel solution is applied to the skin, this may grow more intense for some individuals. Typically, a fan is provided to help.
- Post procedure: Immediately after the procedure your skin will continue to feel hot. This temporary burning sensation will gradually fade with time as the peel is neutralized. This typically takes 15-30 minutes.
- Day 1: Your skin may be quite sensitive. Typically patients feel as though they have a mild sunburn. This will continue to fade with time. Moisturizing is the key. Use a gentle moisturizer on your face 2-3 times a day. If heat sensations continue an icepack or damp towel may be used.
- Days 2-7: Depending on the strength of the peel used and your skin's reaction, most peeling occurs within 2-7 days. Over this time all pigmented skin will grow darker in color. As your skin begins to flake and peel let it do so naturally. Do not pick or scrub. Continue gentle moisturizer 2-3 times a day and avoid sun exposure. Makeup may be worn but typically a powder based make-up is preferred.
- Post-peeling: Once all peeling has subsided (typically after 7 days) you may begin your normal skin care regimen. It is at this time that it is best to restart any bleaching/lightening products you have been using.

This will help the effects of the peel. Continue sun safety.

POSSIBLE SIDE EFFECTS

- Common: Redness, itching, discomfort
- Rare: Post-inflammatory hyperpigmentation, scarring



PHONE
(509) 794-1434



LOCATION
1607 CREEKSIDE LOOP STE 140, YAKIMA,
WA 98902