

DERMAL FILLER

VOLUME LOSS TREATMENT

ABOUT TREATMENT

A dermal filler is a substance that is injected into the skin to help “fill” an area. Dermal filler treatments are especially great for minimizing fine lines, wrinkles and provide facial and lip volume. Other ways dermal fillers can also help is that they can add or adjust contour to your face especially around the cheeks and can decrease the shadow underneath the eyes. Fillers are typically made up of substances that are naturally present in the skin, such as hyaluronic acid. As such these substances are biologically compatible with your body and result in a natural look, when injected by a trained professional.

Results gained with dermal fillers occur almost instantly. However, the first initial treatment may not be enough. Repeated treatments are needed regularly throughout the year to maintain the results. At Integrative Dermatology we take pride in creating exceptional experiences and outstanding results with our clients. Schedule a consultation to see how we can help achieve the results you are looking for!

BEFORE TREATMENT

- **Arnica Montana:** If you have a history of bruising with injections. This is a supplement that can help prevent or lessen bruising. should be started 1-2 day(s) prior to treatment for best effect.
- **Aspirin / Ibuprofen avoidance:** If possible, skip Aspirin 2 weeks prior to your treatment. Avoid Ibuprofen or Aleve 3 days prior to procedure.
- **Optional: Numbing cream.** While it is not necessary and most patients do not use numbing cream, some patients find numbing cream helpful for any discomfort of injections. Apply 60 minutes prior to treatment.

AFTER TREATMENT

- Ice on the affected area post-procedure in 15 minutes on, 15 minutes off intervals for the first 24 hours, can help with swelling or pain.
- Makeup can be applied immediately after procedure if desired. For bruising, use a good concealer.
- Avoid any rubbing or massaging of injection sites unless expressly instructed by your physician.
- Wear a Zinc-Titanium based physical sunscreen. UVA sun rays break down dermal fillers and can shorten the life expectancy of fillers. Protect your investment! Wear a physical sunscreen when outside. Please note that traditional sunscreens are usually chemical based and do not block UVB rays sufficiently.

POSSIBLE SIDE EFFECTS

- Common: Redness, swelling/bruising, pain at injection site
- Rare: Vision loss, formation of granulomas, skin necrosis, and potential asymmetry requiring further treatments

MORE INFO



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LOCATION
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