# NEUROTOXIN INJECTABLES

# WRINKLE TREATMENT & PREVENTION

### ABOUT TREATMENT

The most popular treatment in facial aesthetics. Many individuals do not realize that Botox itself is a brand, not a treatment. It fits into a group of products that are referred to as neuromodulators or neurotoxins. Treatment involves a series of tiny injections just below the skin. The products, i.e. Botox, Dysport, Daxxify, Jeuveau, & Xeomin block muscle movements essentially "freezing" the injection area. They are used to improve and smoothen the appearance of wrinkles that result from facial expression including: frown lines, forehead lines, and fine

## BEFORE TREATMENT

- Neurotoxin injections are quick, easy, and nearly painless.
- Arnica Montana: If you have a history of bruising with injections. This is a supplement that can help prevent or lessen bruising and should be started 1-2 day(s) prior to treatment for best effect.
- Discontinue preventative Aspirin or blood thinners two weeks prior to appointment (check with your prescribing doctor prior to discontinuation).

# AFTER TREATMENT

- Avoid doing yoga or similar activities where head is below the rest of the body for any extended amount of time for several hours following treatment.
- Makeup can be applied immediately after procedure if desired.
- Avoid any rubbing or massaging of injection sites unless expressly instructed by your physician.
- Wear a Zinc-Titanium based physical sunscreen. To help protect your investment, be sure to always wear a physical sunscreen when outside.

#### MONITOR FOR THE FOLLOWING

- Eyebrow heaviness or drooping (rare): A small amount of eyebrow heaviness is normal, especially for patients having their first set of injections. Severe heaviness or drooping is a rare complication. Contact your provider if this occurs.
- Asymmetry: Take note of any asymmetry that may occur with your injections. We can always add a few additional units to an area to help even things out. We may also make adjustments at your next appointment.

### POSSIBLE SIDE EFFECTS

- Common (temporary): Redness, swelling/bruising, pain around injection site
- Rare (temporary): Eyelid drooping, headaches, asymmetry



